



*General Perspective
On Relationships*

Questions And Answers

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Introduction

In the massive reply to our request for suggestions on what you wanted us to write about most, the subjects which got numbers of questions that absolutely stood out from the rest was (surprisingly or not) the subject of relationships.

Now, even though we don't consider ourselves to be relationship therapists (and do not intend to be), considering the many questions we got we thought it would be appropriate to give our take on the subject in general, as acquiring a new perspective in this regard can be tremendously refreshing.

In addition to giving a general perspective on relationships, the chapters of this short e-book will also answer some specific questions we received based on that perspective, and an exercise related to this.

First of all, the questions we received can be classified in two categories. The first category was described by this question:

How can two people who genuinely care about and love each other and want to be together have an awful relationship, full of misunderstandings and hurting each other and what not, to the point where they are almost breaking up after years of struggling (being together)?

That's the suggestion - solving intimate relationship problems...

The second category was described by this one:

How do you communicate your desire to meet the (wo)man of your dreams?

I have been led to believe by various LOA experts that you should not ask the universe to cause a specific person to be drawn to you as that would go against their free will.

You teach that we must know what we want.

What would you suggest is the best way to ask for a potential lover?

So in order to give an answer to these questions that actually makes sense, it would be best to first pose a general perspective on relationships based on which a more specific answer to these questions is possible.

That's what the next section will be about...

What About Relationships?

In our books we pose a perspective that the whole of reality that we experience stems from an all-including 'ocean of consciousness', of which each and every one of us is a unique representation.

Each one of us is a representation of the same 'overarching umbrella whole'. So are you. Your representation and experience is made unique by the sum of experiences you have gone through. Your life has been different than ours, and all your past lives (if you believe in that) have been different too.

The result is a unique 'composition' of unique experiences made manifest in the form of 'you', and you are now playing your part in the human game as a character made manifest 'physically' in our collective reality that we are creating together (more on that in the previous post, future posts and our free book on the 'Premises of Your Own Power'). From all the unique experiences taken together, the 'collective consciousness' from which all originates experiences itself from countless different subjective perspectives, evolves and grows into something more than it was before.

Whoops... There was a hint to the nature and purpose of life there, did you get it?

We seem separated, but where not. It's just like when you step out of the water you can see separate droplets on your body. This leads you to think that the water of the ocean is made up of a whole lot of 'separate' droplets. However, when you go looking for them in the ocean you'll see that they're not separate. Instead, they're indivisibly part of the whole. They blend together. They're still there as individual droplets of water, with their own unique perspective. But they're blended in the whole ocean where they stem from.

And so are we... We are all droplets of consciousness stemming from the same source. We all have our unique perspectives and thus our unique experiences. But we're still part of the same 'whole'. Imagine

all the experiences by the 'whole' from all the different perspectives!

Anyway, we hear the questions already:

"Yeah, yeah. That all sounds very cheesy, vague and 'new age', but what the deuce does that have to do with relationships?"

Well, everything actually!

Because one of the most profound ways in which experiences and perspectives and thus 'opportunities for growth and evolution' are put right smack in our faces, is through the people we meet and the relationships that we engage in.

This is how it works...

Life is a mirror. What happens to you on the 'outside' is a reflection of what is going on on the 'inside' (see the free book on the Nature of Your Own Power available from [our website](#)). The storyline of your experience in the human game involves your direct experiences with all the events you're participating in and the other people who are involved.

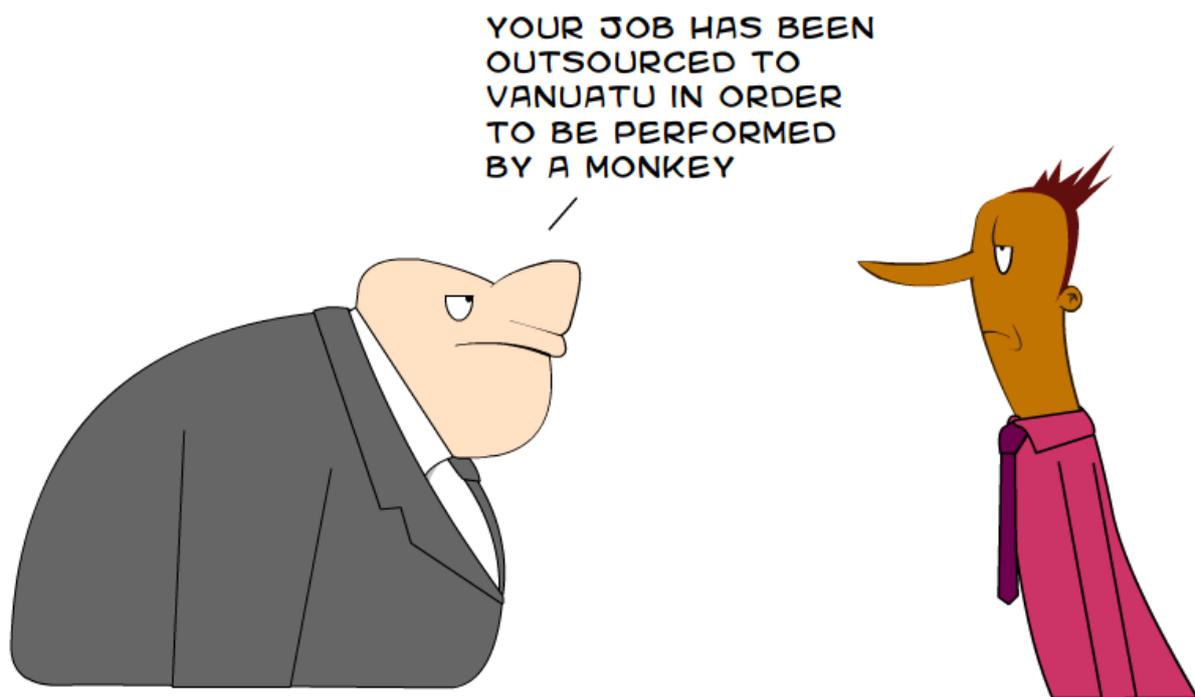
Day by day, you'll see all kinds of other people passing by. To most of them you don't even talk. Also, you see events going on that you're not taking part in. Those are all different storylines playing out outside of your current range of experience. Sometimes storylines cross and other events and people become part of your direct experience. And usually, there is a reason for that.

You see, any person that comes into your life is a mirror reflection of an aspect of yourself. Such aspects can range from being related to the love that you express for yourself, to being related to feelings and beliefs of fear, guilt and resentment that you carry with you. So both persons that you like and persons you don't like are mirror reflections of what goes on inside. And without exception, they're showing you something that you need to be aware of at that point in your life, for whatever reason that may be.

For instance, consider this example, which is completely hypothetical, does not relate to you or anyone specific, and is merely described here to illustrate a point:

Let's say that you're involved in a scenario like this... You may have been living like a bum for a couple of years, and you've had it with that kind of life. You intend to make something more of your life, becoming self-dependent while always having enough finances and other means to live life the way you really want it. And you intend to take the necessary actions to do so.

The first ideas you may get may be to go after some jobs by doing job interviews. But, *hypothetically speaking*, in this case the reason why you became such a bum in the first place was because you have never been able to keep a job. And whenever you tried to apply for a new job, you got turned down again and again. And you never understood why this was.



Now, within the context of this scenario, the fact alone that this went on *repeatedly* (because it happened to you time and time again) may have been a demonstration already that you didn't realize this back then:

The fact that others turned you down time after time, actually meant that you were turning down *yourself* time after time. You

may have had a belief that you weren't good enough, and that you would never be able to keep a job. And so, 'the mirror' showed you *yourself*, and turned you down, and told you that you were not good enough.

The mirror merely acknowledges what's going on inside of you. The mirror doesn't lie. It doesn't show you what you *want to* see. It shows you what you need to face. The problem is that these acknowledgements of what's going on inside of you actually reinforce your belief systems (see our book on the Nature of Your Own Power which is available for free from [our website](#)). That's what makes it so tricky.

In fact, because the things that you experience may seem to be so at odds with what you are actually trying to achieve, you may even think that all these principles of what has been come to be called 'attraction' or 'deliberate creation' and all that really don't work.

But consider this:

- How can you evolve if you don't face the consequences of what you are creating?
- How can you learn if you're not shown what you have done?
- How can you grow if you're not faced with the results of applying your own power (that you may not be aware of)?
- How can you be made aware of your own power, if what happens to you is just random and has nothing to do with what you are doing?

Life (or the 'universe', or 'the ocean of consciousness', or all the religious qualifications for it, whatever you want to call it), is doing everything to make you aware. It's putting the mirror right in front of your face. It's trying to shake you awake, while saying:

"Hello! You're all powerful, can't you see? Look in the mirror, for crying out loud! Look at you! You are creating this! If you don't like what you see, then why are you creating this?!"

Probably because you are not aware that life is trying to make you aware of the fact that you are creating it. The key to 'freedom' in terms of making relationships 'work' is to recognize your interactions with people as such.

The New Perspective Applied To Question #1

In case you forgot what the first question category was, here it is again:

How can two people who genuinely care about and love each other and want to be together have an awful relationship, full of misunderstandings and hurting each other and what not, to the point where they are almost breaking up after years of struggling (being together)?

That's the suggestion - solving intimate relationship problems...

When people annoy you, they are generally showing you an aspect of yourself that you need to deal with on your path to wherever you are going. They are showing you something of yourself that you don't like, and would rather not face. For instance, sometimes they're saying something that reinforces your fear of losing love, as you think you *really need* their love (which implies that you're not fully loving yourself).

Likewise, when people express their love for you (in whatever way that is), life is showing you how you love yourself. However, we generally don't recognize it as such, because we have a tendency to merely focus on the negative things in life, while not being grateful for the good things.

However, instead of facing these things (as hard as that may be) and being grateful for being shown the very things within ourselves that hamper us from being free, so we can deal with it and then let go, we tend to have all these coping strategies. We stuff these things away deep inside ourselves, and build walls around us. We stuff them away by trying to forget about them. Sometimes we even reach for alcohol or other drugs, or even exercise to temporarily forget about these things and build them up inside.

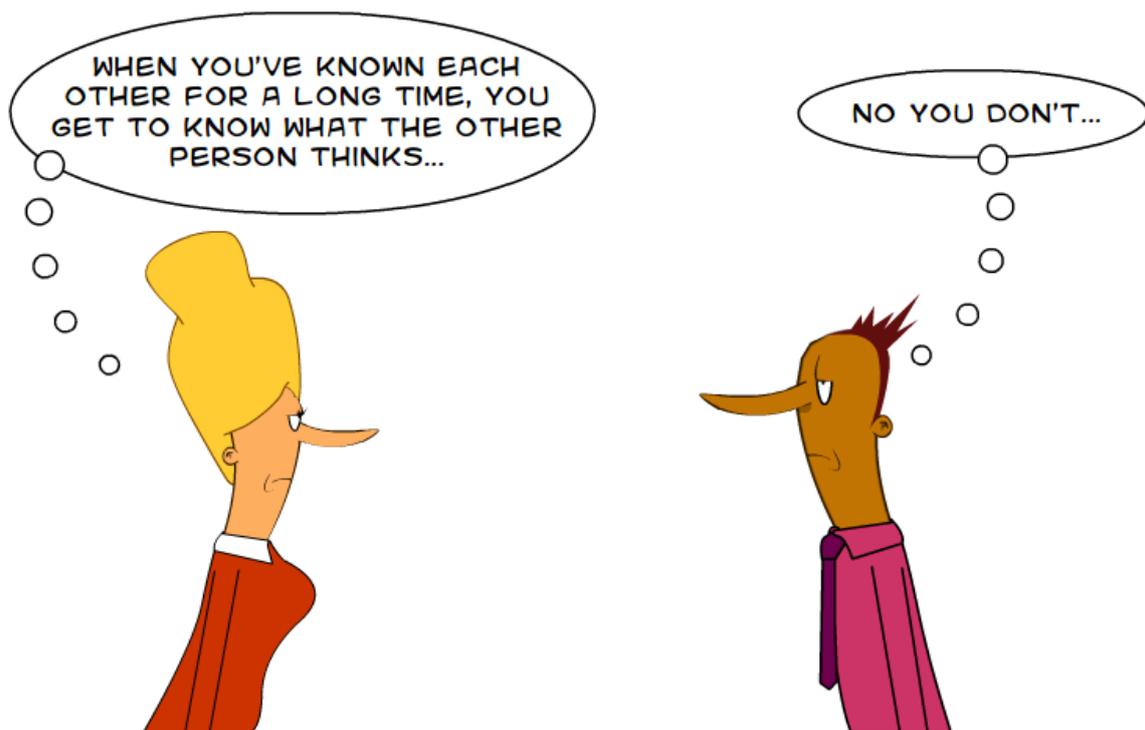
Meanwhile, the annoyance builds up, and the wall gets stronger. You're increasingly resisting the fact that you're shown an aspect of yourself that you don't like. Often, sooner or later, we refer to the other extreme of dealing with emotions, which is excessive

expression (like rage and anger), when we say and/or do things to our partners and/or ourselves that we later regret.

And this is where we find the answer to the first question stated in the introduction of this e-book. Most people are looking for 'love'. But love received from others actually stems from a love for yourself. Because what goes on on the 'inside' is reflected in what goes on on the 'outside'. Therefore, loving yourself will manifest in life as others expressing their love for you, in whatever way is appropriate from person to person.

However, as soon as we are somehow faced with the lack of love for ourselves (in whatever way that is), we tend to make a mental note of the behavioral feature of our partner or the 'other party' that annoyed us. This is written down on an 'inner list' that we create mentally of things that we want to change about our partners.

This list generally expands over time. Actually, as soon as we have such an inner list of annoying features, we're continually searching for things to expand it with. Sooner or later, everything your partner says or does is set off against the list. If it confirms one or more of the items on the list, we make a mental note of it. This increases our resistance to it, which in turn increases the extent to which we keep looking for things in our partner's (or other people's) behavior that annoy us.



By the way, this not only happens because we are faced with a lack of love for ourselves. Another perspective for this is the desire to control every aspect of our partner's behavior in an attempt to make sure he or she acts exactly in the way we think he or she should act. This limits their freedom to express their uniqueness. But actually, this desire for control of your partner's behavior stems from a feeling of insecurity within yourself (which again is a lack of love for yourself).

ALRIGHT, LET'S COMPROMISE... YOU DO EVERYTHING I SAY, AND I SAY EVERYTHING YOU DO!



Anyway, through a process like this you can get into a downward spiral, which (if not put to a stop) eventually leads to a situation in which you don't even know what is going on anymore. And because your focus is so much on the other party (external), you certainly don't think that this all started because you were faced with an aspect of yourself (e.g. lack of self-love) that you didn't like to face, even though this was an opportunity to grow, and your partner gave you this gift.

Or it could have been the other way around, in which you yourself presented your partner with that gift, but he or she didn't recognize it as such...

At any rate, to make a very long story short, things like this generally start when an aspect of ourselves that we'd rather not see

is reflected back on us (which is done often by partners, which is why 'intimate' relationships are such an incredible opportunity to grow).

After that, we start to resist it, we suppress our emotions, and build up tension inside. This tension engrains itself deeply in your subconscious and becomes part of your being. To put this in the terminology of what has become the 'Law of Attraction' jargon that many appear to be looking for these days, it becomes part of your 'vibration'. In this jargon, your 'vibration' determines what you 'attract', so the fact that you're dealing with this 'emotional luggage' messes up the short-lived positive thinking that you may have.

What really happens is not that you 'attract', but more that you are looking into the mirror that reflects aspects of yourself that you need to face on the path of which the mere goal is to experience what you're creating all the time. And as you've learned in our free book on the 'Premises of Your Own Power', what you create results ultimately from your deeply engrained belief systems.

It is a cycle in which your belief systems determine what there is to be seen, what part of that you see, and the way in which you react to that, in the form of your emotional response and associated thoughts and action.

(More details about how this works in the 'Premises of Your Own Power, available from <http://www.Revolutioniz.com>)

The problem for many people is that the 'ride of their life' seems tough. A 'losing streak' or 'lady luck' taking a walk all the time is probably not uncommon to you or the other people reading this.

One of the keys to break this cycle when it seems like you're on a tough ride, is to let go of the programmed emotional response. This emotional debris that you have built up over the course of your life determines your subconscious programming (your belief systems).

So, to stick with the relationships question, the key to resolve such an issue is then to let go of that emotional luggage that you have built up, which influences your response towards your partner in

order to break the cycle. You just have to release it. And as you release it, you create a new point of view (belief system) because you're expanding your perspective. You stop viewing things from a point of view that was limited by all kinds of emotional blockages. You'll shatter down the walls around you in order to widen your view.

So, in terms of relationships, whenever you're being shown something that you don't like to see, you have to take a look within yourself to really see what it is that you are being shown, as hard as that may be. Face it, learn from it, and then release the tension and emotional luggage that you have associated with it. This breaks the downward spiral, can help you grow and evolve, and can provide a clean and fresh start into something new and something 'better'.

As such, either 'life', or rather the people in your life will stop showing you the things of yourself that are holding you back, or they keep doing it, but you won't be bothered by these things anymore and simply release them. And in the latter case, after a while these people will stop showing you those things anyway.

Either way, it doesn't bother you anymore, as you allow yourself to grow and evolve and take away the things within you that 'summon' the things outside you.

The fact is that through relationships we can learn more about ourselves, and can consequently evolve and grow.

To make them work you need to see relationships as such. However, so many relationships are put to an end at the least little thing. In this way, opportunities to learn, grow, release negative beliefs or feelings about yourself, evolve and so on are missed.

And because these opportunities are missed, many people keep living their lives with the same issues engrained in their beings. Consequently, they 'attract' partners who will face them with the same aspects of themselves.

For example, as sad as it is, how often do you hear of women who divorced their husbands because their husbands were beating them,

and then marry another guy who eventually starts to beat them too?

This is not at all to say that that kind of behavior is good in any way or that it's the woman's own fault that she is beaten by the husband (because that kind of husband obviously has some serious issues of his own to deal with). It is to say that as long as adverse beliefs or emotional luggage within yourself are not released and let go of, you are bound to have life try to shake you awake by having you face events of the same theme or with the same kind of people.

The key to a happy life in the area of relationships is thus to become aware of these emotions, feelings and beliefs that you carry within yourself, and then let go of them. Life tries to make you aware of these emotions, feelings and beliefs through putting the mirror in front of you in the form of other people and events.

Your job then is to face these things, learn things about yourself from them, and then let go of them. Because as you let go of these feelings, beliefs and emotions, your whole being and its 'vibration' (to stick with the Law of Attraction jargon) will change. And so your 'outside reality' will change.

So how about that game of life, huh? Pretty ingenious...

The New Perspective Applied To Question #1

So how do you request for that person in your life that you *do* want then? Let's restate that second question:

How do you communicate your desire to meet the (wo)man of your dreams?

I have been led to believe by various LOA experts that you should not ask the universe to cause a specific person to be drawn to you as that would go against their free will.

You teach that we must know what we want.

What would you suggest is the best way to ask for a potential lover?

What these 'LOA experts' mean, is that you can't make a specific person to love you or anything. For example, if you like some girl named Dolly (or whatever person with any name) who lives around the corner from you, you can't request that *she* loves you. You can try to approach her and do whatever you feel is right to persuade her, but she has free will in the sense of the freedom to choose if she 'likes you back'.

By the way, in that persuasion and seduction game, some completely different 'Laws of Attraction' come into play...

Anyway, just like you, this Dolly (or any other guy or girl's name) is another representation of the same 'universe', just like you, so you can't request some 'higher power' to impose your will of making her love you on her.

After all, you, her and we are all representations of that 'higher power' and we all have the free will to choose for ourselves. That is an inherent feature when the whole idea of 'life' is for the 'whole' (the universe, or whatever you want to call it) to be aware of itself by **experiencing itself**, through you and all its other representations. Any limitations in self-experience by imposing will on others thus goes right against the nature of life itself.

What you *can* do, is request for a specific *kind* of person. You can request certain qualities. Let us give you an example of an e-mail that is relevant to this subject that we received a while ago, to give you an idea:

Hey Henk and Nicholas,

I am writing to you to share something absolutely wonderful, after reading some of the questions you have already been sent and some of the skeptic responses you have received (admittedly at first I was one of them, but signed up anyway) I want to share an absolutely awesome experience with you.

I am 43 years old and I have dwarfism and up until now all through my life I have been extremely unlucky in love, as you know (and something I too have been guilty of at times, I must admit) some people will only look at the outside and not stop to find out what is within.

I had an extremely "toxic" marriage for some 15 years all the while thinking this is as good as it gets until I finally had the courage to end it and that was 10 years ago. Apart from a very brief liaison of some 3 months, 6 years ago (which was ended due to the bigoted pressure from her friends) there has been nothing.

Needless to say my view of the world was somewhat jaded.

I signed up for the package first time round and followed the steps to the letter, including the manifestation software package. I created on the 16th of July "the 10 irrevocable decisions about my life" and by September 15th my no.5 had arrived, see below.

"5. I am so happy and grateful now that I share my life with the most beautiful woman of my dreams, who loves and adores me as much as I love and adore her, we have a beautiful friendship and a beautiful passionate relationship enjoying a fantastic life together of great joy."

I truly thought if there was any decision that the universe would not deliver on it would be this one. I have waited 43 years to feel this good. Her name is Helen she is the love of my life and she came looking for me, we met through a friend at indoor rock climbing and she asked me out and we have been inseparable ever since. Can you believe it?

So to all you skeptics out there: do the work, it works! Having achieved this I now know anything my heart desires is possible to achieve. And to Henk and Nicholas, thank you for developing such an amazing program. I thank you from the bottom of my heart!

Once again THANK YOU!

Ian "Lofty" Fulton, Sydney, Australia

The way you communicate your desire to 'the universe' or whatever you want to call that pool of consciousness that you're part of is indeed through the qualities you are looking for, not a request for one specific person.

The next part of the game then for you is to recognize the person with those qualities once this person comes into your life. And that is not always the easiest thing to do. So many people overlook the people who come into their lives with the exact qualities they 'requested', because (for example) they simply don't notice them or grant them the attention they deserve because this person doesn't have the 'physical traits' they want.

Well, it's not always that the person would come into your life and then 'jump all over you' or anything. That's not the way these things work. That kind of thing has to do with the other 'laws of attraction', which have a more 'physical' kind of orientation instead of a 'metaphysical' orientation.

You always have to do something, like acting on your inspirations or opportunities that pop up. You just need to recognize them first. And so you need to recognize certain people coming into your life as the answers to your request, judging from the *qualities* you requested. And be careful what you ask for, because you might get it!

An Exercise Related To The New Perspective And Question #2

So now you know the purpose of relationships in life. To conclude this little e-book, we want to give you a strategy that is going to help you tremendously in life, if you apply it correctly.

Earlier in this e-book, we told you about a mental list we tend to make about people and the things about them that annoy us. Let me emphasize, first of all, that this is the kind of list that you need to get rid of as quickly as possible. This kind of list will only build up resistance and emotional turmoil inside. We give some hints on how you can get rid of this kind of self-imposed subconscious in our Practical Modules.

But first, I'd like to get into a way that applies more to the second category of questions that we got, which was about attracting the kind of people in your life that you want. So here it goes...

Step 1: Make two lists:

- The first is a list of the man/woman/person of your dreams. Describe all the qualities this person should have (character-wise, mental, emotional, spiritual, physical, and so forth).
- The second is a list of the man/woman/person of your worst nightmares. Describe all the qualities that you hate (character-wise, mental, emotional, spiritual, physical, and so forth).

As soon as you've done this, evaluate your lists and compare them to each other. You'll probably realize that the person of your dreams will be (almost) the exact opposite of the person of your nightmares.

At any rate, after doing this you know exactly what you want. Keep this list with you wherever you go, and then move on to the next step.

Step 2: Make two new lists:

- The first is a list that includes terms that describe your worldview, the way you look at life. And more importantly, it describes the way that you see yourself. Name the words that you think describe yourself and the way you approach life.
- The second is a list that includes terms that describe the way you need to look at the world, at yourself and at life in general to 'attract' what you want (in this case in terms of relationships).

What are the qualities that you think you need to have to 'attract' the partner of your dreams? What do you think you need to change about yourself?

If you don't think you need to change anything, perhaps you need to change the list that describes the partner of your dreams. Or you may be lying to yourself without even noticing, thinking you're perfect already and everyone else is crazy.

Be honest with yourself, no one is watching! And realize that you can't fool 'the universe', because you're an integral and inseparable part of it, and it automatically feels what you feel.

Step 3: Make the final list...

You will make this list to prove to yourself that you deserve to find and 'attract' the partner of your dreams.

Which qualities make you the perfect partner? What is it that you have to offer to the other and the world in general?

This final step is of crucial importance. It will make you realize that you are an incredible person inside, and if necessary, it will give you clear insight into what changes you need to make to yourself or your behavior to be the perfect partner, in order to attract the perfect partner.

This is a pretty simple exercise, but it can give you incredibly profound insights. Do it honestly, and it may prove to be a giant step towards a whole new life. For example, remember Ian from Sydney, Australia, as described earlier in this e-book. His life changed radically, for the better!

Final Words

So that's it... We hope this has been insightful and useful to you, and especially to the people who sent us their suggestions.

If you thought this was insightful and think that others may benefit from the information conveyed in this e-book, please feel free to pass it on to them. Just leave the contents of this e-book intact.

As an alternative, you may want to go to the link on our blog where this e-book can be downloaded and 'digg' the post, or bookmark it to any other social bookmarking website using the 'bookmark' button at the bottom of the post. By doing this, you're basically letting people who are interested in this kind of stuff know that there is something for them that they may like, so they can take a look.

The post with the download link is located [here](#).

Just click on the 'digg it' button at the top of the post or on the 'bookmark' button at the bottom of the post to put this to the attention of people looking for this kind of stuff.

And if there are things that you want us to talk about in future blog posts or future e-books (or even 'real' books, who knows!), don't hesitate to e-mail them to suggestions@revolutioniz.com.

Obviously, we can't answer each and every request individually as we get hundreds of them. But your suggestions will inspire us to write about certain subjects on this blog and future e-books.

So that's it.

Keep it 'real'!

Henk and Nicholas

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